

# The Senior Post

Volume 6 Issue 5

<http://www.heartlandseniorservices.com>

Sept/Oct 2007

## From the Editor:



Marilyn Johnson,  
PR & Volunteer  
Coordinator

A heartfelt thank you to the 991 volunteers who have given nearly 24,000 hours this past fiscal year. Monetarily that amounts to a quarter of a million dollars! All volunteers will receive a mailed invitation to a Volunteer Recognition Open House, 2-4 pm, Weds., Sept., 26 at HSS. If by chance you have not received yours, check with me at HSS.

## Travelers Corner

### Day Trip: Herbert Hoover Presidential Library/ Museum



West Branch, Iowa  
Date: Tues., Oct. 9  
Depart: (HSS) 7:30 am  
Return: 6:00 pm  
Cost: \$75  
Reservations by Sept. 21

Further info? Please call, Kitty at 233-2906.

## Upcoming Events at HSS

- Sept. 13: Ames, Tai Chi classes resume
- Sept. 14: Ames, Jam Session, 7-10 pm, \$2
- Sept 15: Nevada, "Branson on the Road"
- Sept. 19: Ames, 12:45 pm, Bd. Game Day
- Sept. 26: Ames, Volunteer Appreciation Open House, 2-4 pm
- Sept. 26: Huxley, Bingo, 12:30 pm
- Sept. 27: Colo, Bingo, 12:30 pm
- Oct. 1: Ames, Computer instruction resumes, 10 am, Collegiate Pres. Church, M.W.F for 3 weeks, \$40, Instructor: Herb Harmison
- Oct. 5: Nevada, Community Day, 11 am
- Oct. 8: Ames, Dance, 7 pm, Band, Country Memories, sponsor: Green Hills
- Oct. 9: Day Trip, West Branch (see left)
- Oct. 12: Ames, Jam Session, 7 pm
- Oct. 16: Ames, Animal Jeopardy, 12:30 pm
- Oct. 23: Ames, Ames Historical Society, 12:30 pm
- Oct. 23: Ames, Flu Clinic, 10-1 pm
- Oct. 25: Colo, Bingo, 12:30 pm
- Oct. 27: Ames, "Treasures from the Past" Jewelry Sale, 9-4 pm
- Oct. 28: Ames, Jewelry Sale cont., 12-4 pm
- Oct. 31: Huxley, Bingo, 12:30pm
- Nov. 9: Ames, Heartland's Community Trivia Night, 6:00 pm, North Grand Christian Church, 919 30th St. ,Ames \$10

Colo Meal Site, Cards T,W, Th.  
Huxley Meal Site: Bingo, Cards, Birthdays, last W.

## Activity & Resource Center



Kitty Fisher,  
A & R Director

We had a record 1,686 units of participation at HSS last month, so business is booming!

Find an activity you like and come join us! Or give us ideas for new activities. New people are welcome any time.

HSS is sponsoring a day trip to the Herbert Hoover Library and Museum on Tuesday, Oct. 9. The trip is by motorcoach and costs \$75/person. Please reserve your seat by Sept. 21.

Heartland's first "Treasures of the Past" Jewelry Sale is Sat. Oct. 27 and Sunday, Oct. 28! Come see the beautifully dressed mannequins at HSS and sign up to help with the sale!

## Hands for Heartland

Thank you, *Hands for Heartland*, for helping with Trivia Night (July 27), Steve & Diane Fales, Sharon Guber, Judy Dahlke, Bernie &, Linda White AND Variety Show Afterglow (Aug. 19), Shirley Hulse, Beth Wunder, Linda & Bernie White (*Hands for Heartland* is a pool of volunteers that are available for HSS special events.)

### Examples of next-needed event volunteers:

1. Volunteer Recognition (Sept 26)
2. Help with Jewelry Sale (Oct. 27/28)
3. Anniversary Club Recognition (Nov. 5)
4. Trivia judges or hosts (Nov. 9) Sound like fun?

Call: Bernie & Linda White,  
Hands Coordinators: 292-8741

### Attention:

If you are hosting an event, consider renting Heartland's Activity and Resource Center. The rental rate is \$25 per hour. It is spacious, convenient, and accessible. Call Kitty for info: 233-2906

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SENIOR SERVICES  
OF STORY COUNTY**

205 S. Walnut Ave., Ames, IA 50010  
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*Funding:* Aging Resources of Central Iowa,  
community & county funds, HIRTA, HSS Foundation, Inc.,  
private donations, United Way.

**Come!  
Support  
HSS!**

**Next Trivia Community Night!**

Nov. 9th, 6:00-9:30 pm

**North Grand Christian Church  
919 30th St. Ames**

Join a team of 5-8 people who enjoy a night of socializing and fun competition – the more diverse the ages the better! Or sign-up individually and be assigned a team.



**Cash Prizes:** 1st, 2nd, 3rd! (\$150, \$100, \$50)

**Door prizes!**

**Info:** 233-2906

**Contact:** Kori Heuss, [kori@heuss.com](mailto:kori@heuss.com) or  
290-3260 for reservations. **Cost:** \$10/person

**Heartland's 13th Annual Variety Show**

*"It's The Most Wonderful Time of the Year!"*  
**was a huge success!**



There were 87 performers on stage, and another 65 volunteers that worked behind scenes to make this our most successful fundraiser to date!

**Thank you, participants! What a show!**

**"Treasures from the Past"  
Jewelry Sale**



June Cotter, Jan Sobotka, and committee have a great collection of donated jewelry to date. Come see the amazing mannequin displays and mark this date!

Wow! You ought to see the beautiful donated jewelry arriving for Heartland's jewelry fundraiser:

**Sat., Oct. 27, 9-4 pm**

**Sun., Oct. 28, 12-4 pm**

The committee is looking for volunteers to help in preparation and on sale days.

**233-2906**

**Remembering... with Gifts**



Jan Tibbetts,  
Development  
Director

**A Line from Success by Ralph Waldo Emerson**

***"To know even one life has breathed easier because you have lived."***

Remembering your beloved family, cherished ones and treasured friends on sentimental occasions; such as birthdays, anniversaries, and special events, expresses your gift of love, thoughtfulness, kindness and caring.

I would be most happy to meet with and help you plan your Heartland Senior Services tributes, memorials and planned giving so that valued older individuals in Story County can breathe easier. Please call me at 233.2906 ex. 218.

**HSS Mission: to help create a community that values older people  
and that supports them in achieving and maintaining their desired quality of life**



From left: Cay Peet, Bev Methum, Alberta Richmond, of **Ames**; Barb Kenney and Jane Nading of **Nevada**; work (play!) at sorting beautiful donated jewelry for the upcoming jewelry sale, Oct 27 & 28.



From left: F.C. Parrish, **Nevada**; Anoka Stratton, **Collins**; Ken Larson, Lotus Miller, Jim Okey and Louise Dengler, of **Ames**, joined the curtain call at Heartland's recent Variety Show.



Participants Freda Prati and Ruth Hanson join friends for lunch at the **Nevada** congregate meal site (Central Presbyterian Church) during August Community Day.



Betty Evans of **Blairsburg**, participates as one of the Senior Idol contestants in ADC last month. ADC staff wait in the background to cast their scores and accolades.



June Cotter, Virginia Ludeking and Ruth Wenckus, all of **Ames**, are concentrating hard on their afternoon of Scrabble for Fun at Heartland.



Brass players Martha Nebgen, **Ames**; Jerry Sowers, **Story City**; Dave Lowe, **Ames**; John Andreae, **Ames**, and Carl Hermanson, **Story City**, practice for "Sample the Arts" performance at Stephens Auditorium in Aug.

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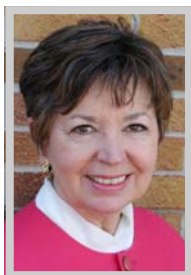
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